

ENTERTAINMENT:

Graced by Amazing bands, legendary singers and a variety of dance groups. Groove away to some of Zambia's best local music Djs.

INFORMATION DESKS

Visit the collaborating Partners working on Seeds and Food Systems that make the festival possible and learn more about their advocacy work on reforms in the agriculture and food sector. Visit the information desks for knowledge and experience sharing on the current threats, challenges faced by indigenous foods and seeds and explore strategies for further promotion through an enabling environment. Also learn out traditional seeds and Indigenous foods and their contributions (both actual and potential/untapped) to food security, improved nutrition, poverty alleviation, economic growth, and sustainable livelihood.

THEME:

“CELEBRATING TRADITIONAL SEED AND FOOD FOR NUTRITIOUS FOOD FOR PEOPLE, PLANET AND THE ECONOMY”



Mundawanga Botanical Gardens
Chilanga



13th & 14th October, 2023

Entry: **FREE!! FREE!! FREE!!**



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FOR MORE INFO

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**6th
ZAMBIAN
TRADITIONAL
SEED AND FOOD
FESTIVAL 2023**



WHAT WE ARE?

The Zambian Traditional Seed and Food Festival is the only purely Zambian Food Festival that culminates into the celebration of our culture and tradition, through promotion and preservation of our traditional food and seed. It offers an experience of the taste of Zambian local foods and an opportunity to learn about Zambian traditional seeds! A perfect Zambian experience of sampling traditional food from all the provinces and interaction with Local farmers that showcase seed varieties from all across Zambia.

Food is at the heart of Zambia's diverse cultures spread across the 72 Tribes. The Zambian Traditional seed and food festival celebrates food sovereignty and culture, motivated by the need to have responsive, effective and sustainable food systems, recognising and supporting smallholders, particularly women, who produce diverse food for household and local market consumption. It seeks to strengthen efforts by local partners to support reforms in the agriculture and food sector by placing emphasis on farmers' rights, consumer rights and the health of soils. This year's 6th edition of the festival (2023), makes a call to adopting a more sustainable food production system relaying on locally available resources such as seeds to produce healthy diverse foods. This year (2023) the national seed and food festival will be celebrated under the theme "Celebrating traditional seed and food for healthy, safe and nutritious food for people, the planet and economy.

WHY THE FESTIVAL?

Coming at a time when Zambia celebrates with the world over, the world food day, the Festival reinforces the efforts to promote the major role traditional seeds continues to play in the lives of Zambians and Africans across the continent. Zambian traditional seed has played a pivotal role in sustaining cultural integrity, food and nutrition security at household level. Despite the importance of traditional seed, it continues to face a number of legal doldrums which seek to commodify the seed by enacting trade rules which favour the development of the western mode of seed industry which tends to take back with the left hand what human rights rules give the small scale farmers with the right hand. Traditional seed has been stigmatized to an extent that it is not recognized by law as seed.

Rural farming communities, and society as a whole, are facing food crisis, high poverty and nutrition insecurity, environmental degradation and loss of biodiversity, and this is a threat to our health and our future. The food production system is currently under threat from capture by the multinational corporations that seek to make profits for their own benefits as well as low level support through extension and poor infrastructure to access profitable markets. These and many other social, economic and cultural barriers have made it very difficult for rural farmers to break even and that is why this festival is important.



WHAT TO EXPECT?

SEED CORNER:

Farmer's seed systems are characterized by a diversity of traditional varieties that are highly adapted within specific ago-ecologies. The seed corner will be a displays of different traditional seed varieties where small scale farmers showcase local crop varieties. A corner to visit to learn about the value of local seed and crops, get some local seed varieties for your farm or backyard gardens.

FOOD CORNER:

A display of the local seed brought to life in form of nutritious dishes, from soups to snacks, traditional confectionaries to traditional drinks. All made and cooked from our local crop and seed.

ORGANIC CORNER:

Displays of organic food as sources of nutrition for healthy lives, organic cosmetics as well as information on organic agriculture as a remedy to soil, plant, animal and human health.

KIDS CORNER:

A haven of games and fun activities that children can enjoy. Bring your little artist for painting, jumping castle and whole lot of fun game.

